

NEWS RELEASE

FOR IMMEDIATE PUBLICATION

New California Poet Rachel Ella Richardson's Anthology "Thorns in My Heart Roses in My Soul" Takes a Personal Look at the Game of Love

Summary

Up-and-coming Santa Cruz, California poet, Rachel Ella Richardson, has published her first poetry book entitled, *THORNS IN MY HEART ROSES IN MY SOUL*. This 100 page anthology gives voice to her keen insights and personal experiences with dating and falling in love, in a uniquely expressive and accessible way and will appeal to all ages and genders.

Video release: (<https://www.mackeonis.com/video.releases/thorns.in.my.heart.mov>)

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Santa Cruz, California, September 10, 2021: Today, up-and-coming Santa Cruz, California poet, Rachel Ella Richardson, is excited to announce the introduction of her first poetry book, *THORNS IN MY HEART ROSES IN MY SOUL*, a keenly written 100 page collection of poems, which addresses both the wonder and pain of falling in love, co-mixed with hope and resiliency. Sometimes amusing, sometimes sharp and plaintive, Rachel relays her experiences in a way that is seldom expressed in today's social media speak and will appeal to many groups. It is now available through Amazon in both paperback and Kindle.

Rachel, a first-time author, has dedicated her poems to, "All the lovers in the world and to anyone who has ever had their heart broken and thought they could never love again." Rachel conveys, "My poetry comes from the heart and reflects my journey as a woman through the uncertainty of love; from passion to heartache, hurt to healing and powerlessness to empowerment and finding the strength and courage to love again."

Rachel's publicist, Lisa Mackeonis, comments, "Rachel Ella Richardson's insightful, yet playful, collection of poems has wide appeal, as it chronicles the emotional stages of falling in and out of love. Continuing, "Her work will let others see that they aren't alone in their experiences and emotions and can offer hope and renewal to all who read it."

THORNS IN MY HEART ROSES IN MY SOUL is being sold on Amazon and retails for \$18.88 in paperback and \$7.77 in Kindle.



About Rachel

Rachel lives in Santa Cruz, California with her English Spot rabbit, Domino, and enjoys writing poetry, drawing, painting, yoga, walking on the beach, hiking and picking flowers. She studied Art at the California College of the Arts in Oakland, California and received a BS in Psychology from California State University, Monterey Bay. She currently works in the field of mental health with elder adults, as a social worker.

Availability

THORNS IN MY HEART ROSES IN MY SOUL in paperback form or Kindle book is available at [Amazon](#):

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